

MOCGA Toolbox Talk

Work Truck Safety



SAFETY TIPS

SAFETY TIPS FOR WORK TRUCK DRIVERS

- Wear your seat belt – protects you in a rollover.
- Make sure everyone in the truck is seat belted.
- Increase following distance. Don't tailgate.
- Always do a daily walk-around safety check.
- Control distractions – pay attention to the road.
- Make sure tires are properly inflated.
- Keep windows clean, mirrors adjusted.
- Keep warning equipment and lighting working.
- When working alongside moving traffic, use road cones and wear a high-visibility vest.
- Make sure trailer lights function properly.
- When pulling trailers, keep speeds slow. Avoid sharp turns and increase following distance.
- Even though trucks now have disc brakes and anti-lock brakes, they may not stop well at fast speeds.
- In the bed stow tools, ladders and supplies safely.
- Avoid falls by minimizing climbing on the truck.
- Never jump down from the truck bed.
- Before backing, Get Out And Look. GOAL method.
- To warn others, honk the horn before backing.
- Make sure an ABC fire extinguisher and first aid kit are available. Know emergency phone numbers.

Introduction: Utility workers drive thousands of miles per month, oftentimes over long hours. Workers that have driving jobs must continuously think about the safety of themselves, passengers and other motorists. Because of changes in traffic and road conditions, safe driving isn't always easy. Safe driving takes discipline. Review these safety tips with work truck drivers.

DO THE BASICS

- 1. Increase following distance**
- 2. Scan ahead for obstructions**
- 3. Wear your seat belt**
- 4. Minimize distractions like cell phones**
- 5. Slow down**

Perform a 360-degree walk around Before driving. Scan the area for Obstructions, pedestrians and children.

Always wear your seatbelt!

Work trucks can be very heavy. Don't tailgate and keep a safe distance Behind other vehicles.

Secure tools, equipment and supplies.

Make sure trailers are connected properly.

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