

Introduction: Traffic collisions are the top cause of work-related death for construction workers. This is due to the many miles our crews drive to reach their jobsites, and the fact that driving exposes our employees to high speeds, boredom and other uncontrolled drivers. Distracted driving is now becoming the top contributing factor to crashes across North America. Construction company drivers must reduce distractions in the cabs of their trucks, avoid complacency and keep a diligent lookout for hazards.

BE SAFE!!!

BE SAFE WHEN DRIVING

- Does your company have a distracted driving policy, and do you follow it?
- Does your company have a seat belt policy, and do you follow it?
- Does your company have a drug-free workplace, and do you follow it?
- Distractions take your eyes off the roadway and hands off the steering wheel. Daydreaming and fatigue can also be dangerous distractions.
- Commercial vehicle drivers are prohibited from using a hand-held device in a heavy truck. But it's also strongly recommended that heavy truck drivers eliminate all distractions while driving. These trucks are already difficult to steer and stop, and distracted driving can easily lead to a deadly truck crash.
- In serious vehicle crashes, cell phone use and data are often used as evidence in criminal charges and civil lawsuits. Remember that if you're involved in a serious crash, lawyers and law enforcement officials may use your cell phone data to build a case against you.
- Crash investigators almost always survey cell phone use after serious crashes.
- What other distractions are present in the cab?
 - Eating, drinking, smoking
 - Fiddling with objects in the cab
 - Writing, reading printouts or books
 - Daydreaming
 - Horseplay
- Safe driving takes great concentration and diligence.
 - Follow the speed limit
 - Do not tailgate and increase your following distance when pulling trailers
 - Never drive after consuming drugs or alcohol
 - Scan the road ahead for traffic problems
 - Avoid driving when fatigued
 - Never use smart phones while driving



PULL OVER AND STOP THE VEHICLE BEFORE USING SMART PHONES.



DISTRACTIONS CAN ALSO INCLUDE FIDDLING WITH ALL OF THE "STUFF" AND "JUNK" IN THE CABS OF OUR TRUCKS.



DISTRACTIONS ARE ALL AROUND US. AVOID DOING ANYTHING THAT TAKES YOUR EYES OFF OF THE ROAD!

DATE OF TRAINING	INSTRUCTOR NAME
COMPANY NAME	LOCATION OF TRAINING
PARTICIPANT NAMES	
Safety Meeting Notes	

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